

**2015
NEWS**

Stichting Helping Hands 4 Smiling Faces





Helping Hands 4 Smiling Faces heeft een foto van Unicef Nederland gedeeld.

2 januari 2015 · 🌐

So true. So necessary!

Zo waar. Zo noodzakelijk!



Unicef Nederland

2 januari 2015 · 🌐

Wereldwijd zijn maar liefst 250 miljoen vrouwen voor hun 15e getrouwd. Let girls be girls!



Helping Hands 4 Smiling Faces

7 januari 2015 · 🌐

Tread others the way you want to be treaded. Respect human rights and especially the rights of children!

Behandel anderen zoals jij behandeld wilt worden. Respecteer mensenrechten en vooral de rechten van kinderen!



4SF: Planning

Sunday, January 11, 2015

We are in the process of planning the 2015 board meeting of the 4SmilingFaces Foundation.



Helping Hands 4 Smiling Faces

19 januari 2015 · 🌐



Er is nog veel werk te doen. Ook in Nepal.

There is still a lot of work to be done. Also in Nepal.

All In School | All In School

In the past decade, millions of children around the world have gained access to educational opportunities. But there is still much work to be done. Nearly 58 million children of primary school age and 63 million young adolescents are not enrolled in school. An estimated 250 million children in the w...

ALLINSCHOOL.ORG

<http://allinschool.org>



Helping Hands 4 Smiling Faces heeft de video van UNICEF gedeeld.

24 januari 2015 · 🌐

Onderwijs en sport, de sleutel tot een beter leven

Education and sport, de key to a better live



103.309 weergaven

UNICEF

24 januari 2015 · 🌐

 Pagina leuk vinden

"My friends say that I am transformed because of sport."

For Kalita, 16, from Nepal, joining a football team has not only taught her how to focus on school, it's pushed off talks of early marriage.



Helping Hands 4 Smiling Faces

29 januari 2015 · 🕒 · 🌐

Today in Holland it's the start of the Week of Forgotten Children...
Makes us wonder: how do you forget a child? How is that even possible?
And even if you could, why would you want to?

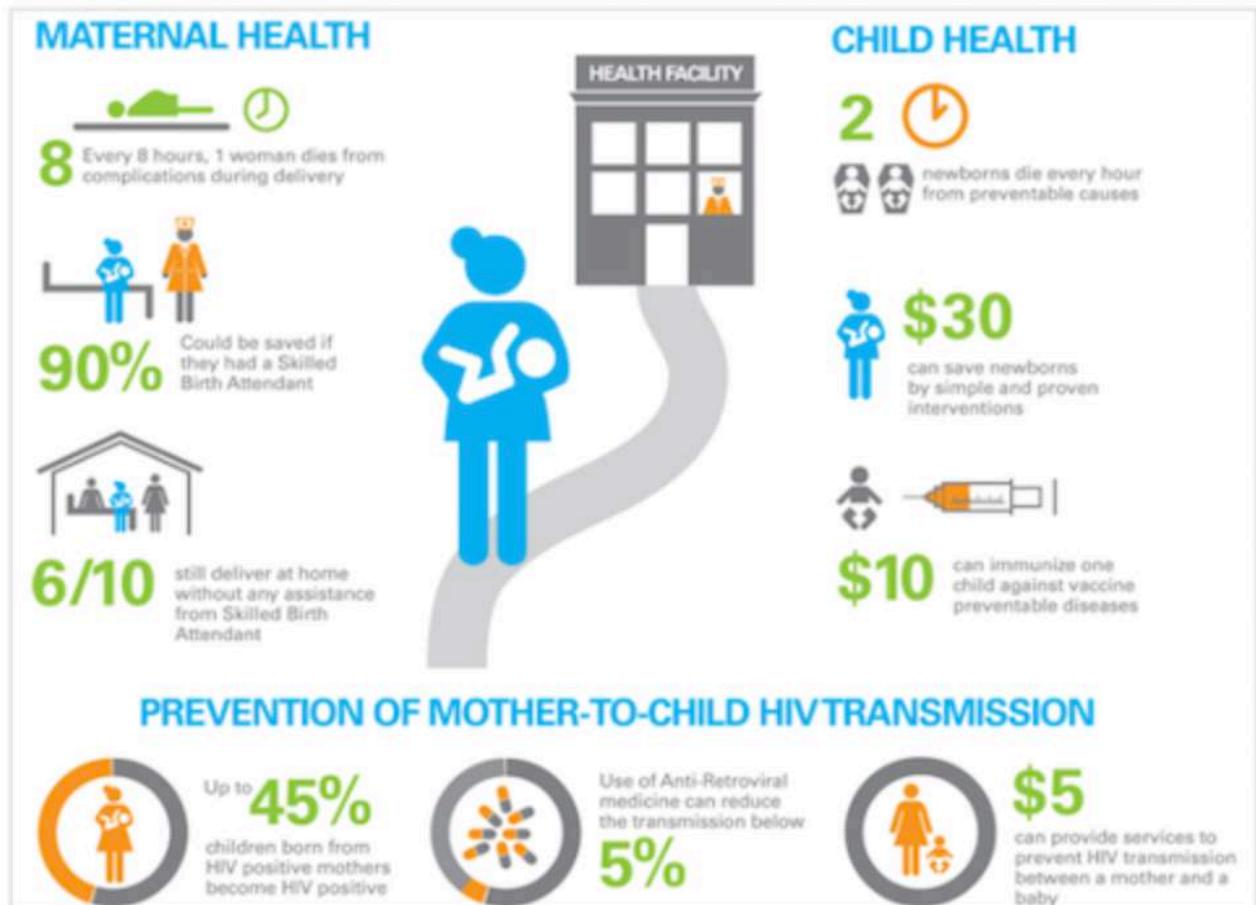


Helping Hands 4 Smiling Faces heeft een foto van UNICEF Nepal gedeeld.

3 februari 2015 · 🌐

Mensen vragen weleens waarom we in Nepal werken...nou onder andere hierom...

People sometimes ask why we work in Nepal...well these are some of the reasons...



UNICEF Nepal

3 februari 2015 · 🌐

Here's a quick snapshot of maternal and child health in Nepal. To learn more about how UNICEF is working towards survival and health of Nepali children and women, visit <http://unicef.org.np/our-work/health>



Helping Hands 4 Smiling Faces heeft een link gedeeld.

5 februari 2015 · 🌐



Help us end the Lottery of Birth

A child's chances of survival shouldn't depend on where they are born, how wealthy their parents or their ethnic identity. Yet across the world these factors continue to determine whether a child lives to see their fifth birthday.

SAVETHECHILDREN.ORG.UK

<http://save.tc/TzYG>



Helping Hands 4 Smiling Faces

6 februari 2015 · 🌐 · 🌐



Today is the United Nations International day against female genital mutilation. There's no two ways about it, this has got to STOP!!!



Helping Hands 4 Smiling Faces

10 februari 2015 · 🕒 · 🌐



Today it is safer Internet day, a subject close to our hart because many children fall victim to the shady side of the internet. That is why save behavior online will always be a subject of conversation and care in our work with children.



Helping Hands 4 Smiling Faces

11 februari 2015 · 🌐

Kind bruiden....dit moet stoppen!! Child brides....this has to stop!!

An article about child marriage in Guatemala...a problem familiar to Nepal:

In Nepal, nearly 3 out of 10 girls aged 15-19 are married while 4 out of 10 Nepali women were married before they turned 18, according to national statistics. To address this issue, the Nepal Government's Ministry of Women, Children and Social Welfare (MoWCSW), in collaboration with UNICEF, Girls Not Brides and UNFPA, is working to come up with a national strategy to [#endchildmarriage](#).

Child marriage violates children's rights and represents the most prevalent form of gender-based violence, abuse and exploitation of girls. It often stems from the perception that girls are a burden to the family. It is also associated with the dowry system, wherein daughters who marry early require lower payments.

The harmful consequences of child marriage include serious health risks, separation from family and friends, lack of freedom to interact with peers and participate in community activities, and decreased opportunities for education. It can also result in bonded labour or enslavement, commercial sexual exploitation and violence.



Child, Bride, Mother

In Guatemala, many young girls marry far older men and become mothers long before they are physically and emotionally ready.

NYTIMES.COM

https://www.nytimes.com/interactive/2015/02/08/opinion/sunday/exposures-child-bride-mother-stephanie-sinclair.html?smid=fb-share&_r=0



Helping Hands 4 Smiling Faces

16 februari 2015 · 🌐

We werken er aan!

We are working on it!



Drawing a solution to the world's learning crisis | UNICEF

121 million children and adolescents are out of school around the world. How can we change this picture? Subscribe to UNICEF here: <http://bit.ly/1ltTE3m> Inve...

YOUTUBE.COM

https://www.youtube.com/watch?v=3_AQ7f4ZTBI&feature=youtu.be

4SF: Newsletter 15

Monday, February 16, 2015

Today 4SmilingFaces Newsletter number 15 is published. [Click here](#)

HHfN: Exchange project

4SmilingFaces is asked to participate in an exciting international exchange project in which students from Australia travel to Nepal to do DIY and other handy work in children's homes we support and others. We are very happy to do so!

Before they leave to Nepal, the students will undertake all kinds of fundraising activities at home. The money raised will be used to finance the work and better the living conditions in the homes where the students do the work. We will keep you informed on this project via this newsletter, our website and Facebook page.

This project is an international joint venture of:

<http://www.handsfornepal.org/>

<http://ivanhoe.com.au/school-family/old-ivanhoe-grammarians-association>

<http://www.drcnepal.com/>



Helping Hands 4 Smiling Faces



Gepubliceerd door Hootsuite [?] · 17 februari 2015 · 🌐

International Do Friendly Day today...who thinks of these days? Is it just us or is being friendly something you just do every day or try at least...

<http://www.4smilingfaces.com/>



Helping Hands 4 Smiling Faces



Gepubliceerd door Hootsuite [?] · 20 februari 2015 · 🌐

According to the United Nations today is the Day of Social Justice. The work continues...

<http://www.4smilingfaces.com/>

4SF: Board meeting

Tuesday, February 24, 2015

The yearly board meeting of 4SmilingFaces is planned for Monday, March 23, 2015. On the agenda are the financial statement of 2014 and the plans of 2015.



Helping Hands 4 Smiling Faces

Gepubliceerd door Hootsuite [?] · 1 maart 2015 · 

Today is Non Discrimination Day according to the United Nations.
Shouldn't it be every day?

<http://www.4smilingfaces.com/>



Helping Hands 4 Smiling Faces



Gepubliceerd door Hootsuite [?] · 4 maart 2015 · 🌐

Lice Day...In Nepal the danger of lice is always lurking and a constant source of concern. Under the guise of 'prevention is better than cure' the children check each other almost every day, the only way to prevent an outbreak.

<http://www.4smilingfaces.com/>



Helping Hands 4 Smiling Faces

Gepubliceerd door Hootsuite [?] · 5 maart 2015 · 🌐

Today Helping Hands 4 Smiling Faces is celebrating its 6th birthday. So, happy birthday to ourselves. 😊

<http://www.4smilingfaces.com/>

HHfN: Logo & website

Friday, March 13, 2015

Our Australian partner organisation Helping Hands for Nepal has presented its own logo. See below. :)

And their website is also live. Have a look, click on the logo below.

This project is an international joint venture of:

<http://www.handsfornepal.org/>

<http://ivanhoe.com.au/school-family/old-ivanhoe-grammarians-association>

<http://www.drcnepal.com/>



Helping Hands 4 Smiling Faces heeft een foto van Unicef Nederland gedeeld.

16 maart 2015 · 🌐

Definitely!!!



Unicef Nederland

16 maart 2015 · 🌐

Right on. Via Malala Fund.

<https://www.malala.org>

4SF: Approved

Monday, March 23, 2015

The board of the foundation has met for its annual meeting. During the meeting, the financial statements for 2014 (only in Dutch) were sanctioned. As soon as they are signed and made anonymous, they will be published online.



Helping Hands 4 Smiling Faces heeft een foto van UNICEF gedeeld.

25 maart 2015 · 🌐

Dit is absolute gekkigheid!

This is absolutely crazy!

In order for every child to access quality education post-2015, we would need to spend **US\$22 billion**



Just 4.5 days of global military spending

UNICEF

24 maart 2015 · 🌐

👍 Pagina leuk vinden

Did you know just 4.5 days of global military spending equals the amount of money needed to provide #EVERYchild with basic education? Via Malala Fund and UNESCO.

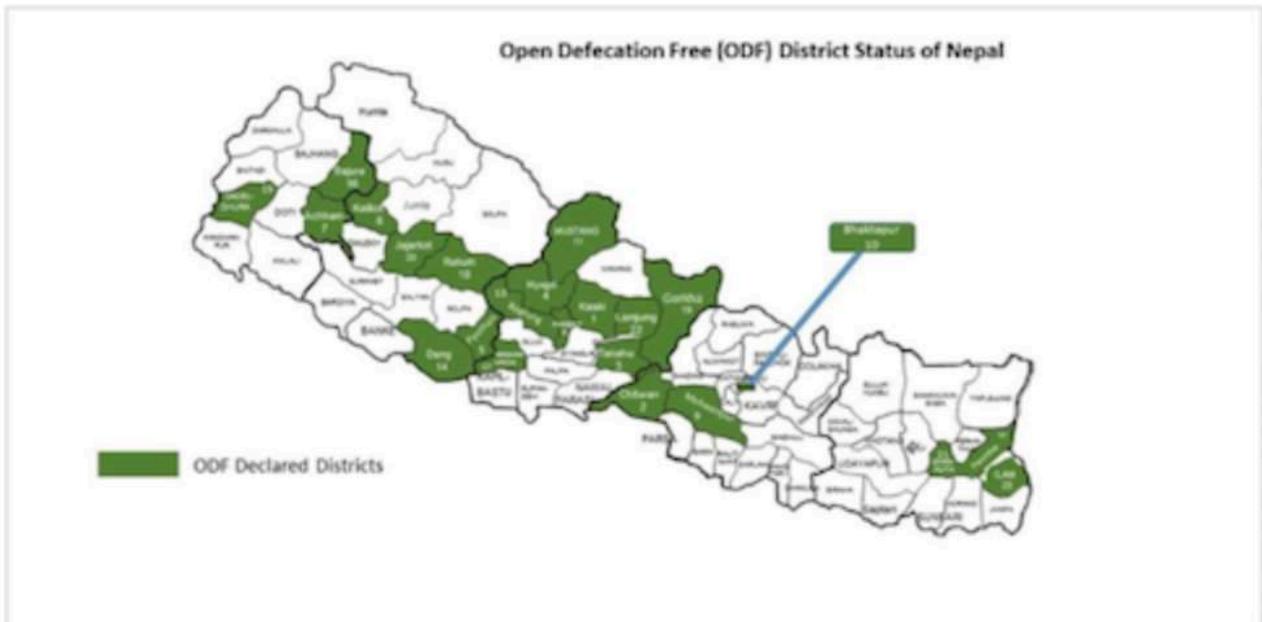


Helping Hands 4 Smiling Faces heeft een foto van **UNICEF Nepal** gedeeld.

26 maart 2015 · 🌐

Werk in uitvoering. 4SmilingFaces heeft een bijdrage geleverd door in 2010 een van de kindertehuizen die ze ondersteund aan te sluiten op het nieuwe hoofdriool.

Work in progress. 4SmilingFaces has done its part by connecting one of the home it supports to the city sewage system in 2010.



UNICEF Nepal

26 maart 2015 · 🌐

Nepal is seeking to be declared Open Defecation Free (ODF) by 2017. So far, one zone; 23 districts; 67 municipalities; 1,588 Village Development Committees and ...

[Meer weergeven](#)



Helping Hands 4 Smiling Faces heeft de video van UNICEF Nepal gedeeld.

2 april 2015 · 🌐

Water is key to everything!!!



366 weergaven

UNICEF Nepal

2 april 2015 · 🌐

Tell us what [#wateris](#) to you. Nearly 750 million people do not have access to safe drinking water every day - this is more than the entire population of Europe. For children, a lack of safe water affects every aspect of their lives - from nutrition to education to safety.



Helping Hands 4 Smiling Faces



5 april 2015 · 🌐

Pasen en zonneshijn...Heel fijn. Geniet ervan allemaal enne, struikel niet over de eieren...

4SF: Financial statements

Wednesday, April 8, 2015

On March 23 the board of the Helping Hands 4 Smiling Faces Foundation has approved the financial statements for 2014 . These are made anonymous and published on this website. Click here (They are only in Dutch). [Click here](#)



Helping Hands 4 Smiling Faces

Gepubliceerd door Hootsuite [?] · 7 april 2015 · 🌐



World Health day. We wish everyone good health in healthy circumstances!



Helping Hands 4 Smiling Faces

12 april 2015 · 🌐



To all our Nepali friends and others who use the lunar calendar: we wish you a very happy 2072. May all your dreams come true. Be happy and healthy and keep your loved ones save.



Helping Hands 4 Smiling Faces heeft een foto van Unicef Nederland gedeeld.

14 april 2015 · 🌐

Many times the impossible turns out to be possible after all; a nice motive for the work we do for the children in Nepal.



Unicef Nederland

12 april 2015 · 🌐

Vaak blijkt het onmogelijke toch mogelijk; een mooie drijfveer bij ons werk voor kinderen wereldwijd.



Helping Hands 4 Smiling Faces

Gepubliceerd door Hootsuite [?] · 23 april 2015 · 🌐



Today is Girls Day. Go Girls! You can do it!

And than everything changed because of the heavey earthquakes...



Helping Hands 4 Smiling Faces

25 april 2015 · 🌐

Don't know yet about the exact needs of the children's homes in Nepal, but it look so bad overall that we will start fundraising to help anyway we can. If it turns out 'our' homes are undamaged, there will be lots of others that can use our support. Please contribute!!!

https://www.geef.nl/externalMod.php?gd=3165&taal=en_EN

4SF: Phone call

Sunday, April 26, 2015

Just had a phone call from the kids of the DRC Nepal. They assured me they are all okay. That just made my day. I am beyond happy to hear from them!!

I made sure they knew all volunteers and other supporters are thinking of them and working hard to raise money so that they don't have to worry about that.



Helping Hands 4 Smiling Faces

26 april 2015 · 🌐

Just had contact with Nepal again. So good to now all the children in both the Orphanage and the DRC are fine. Relief, big time! And so are our trusted helpers the Aryal family and all our other friends. Counting our blessings and theirs! But life is difficult in Nepal, so please please please start fundraising and donating. \

[Special newsletter because of the earthquakes](#)

First photo's from Nepal



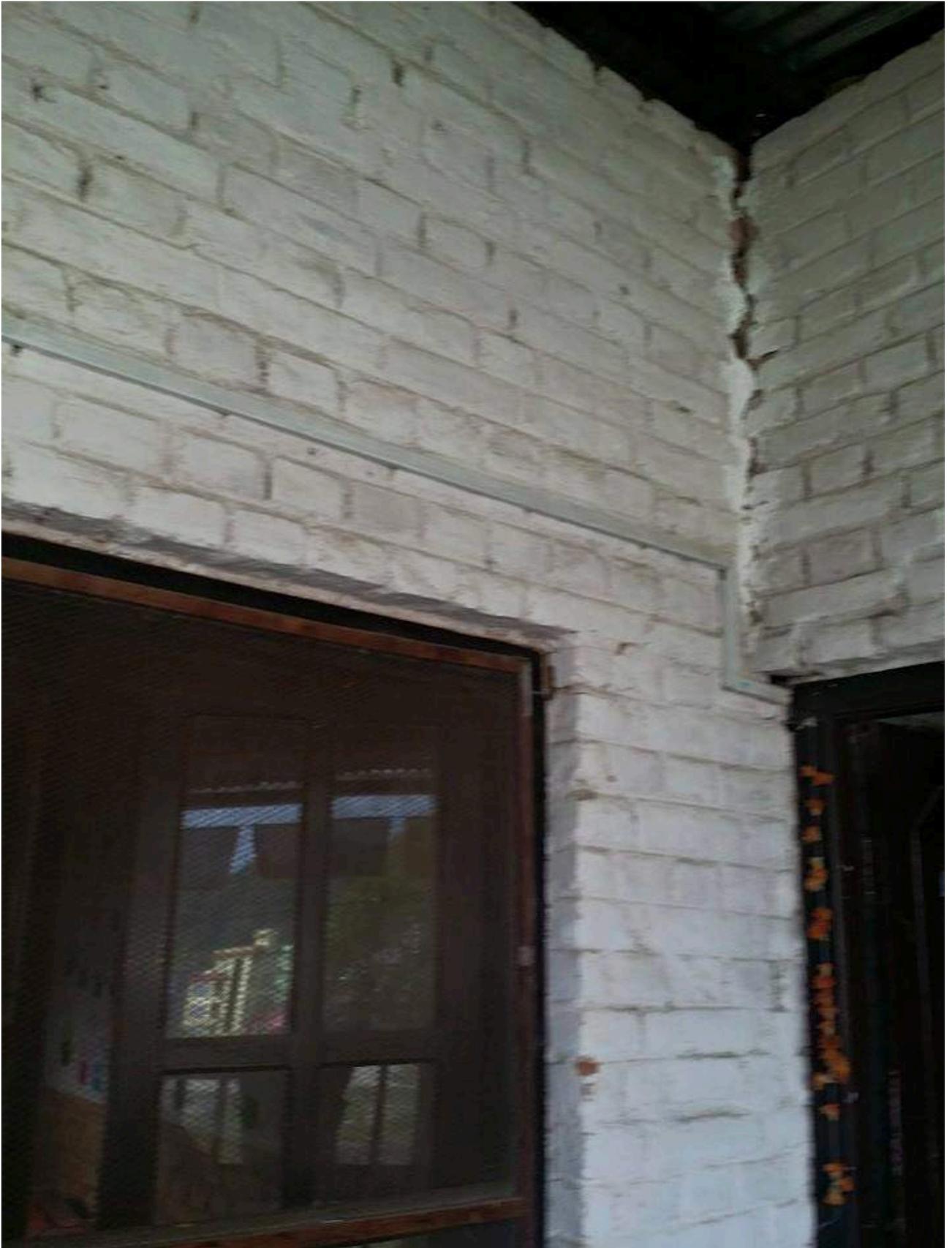
Helping Hands 4 Smiling Faces heeft 6 nieuwe foto's toegevoegd.

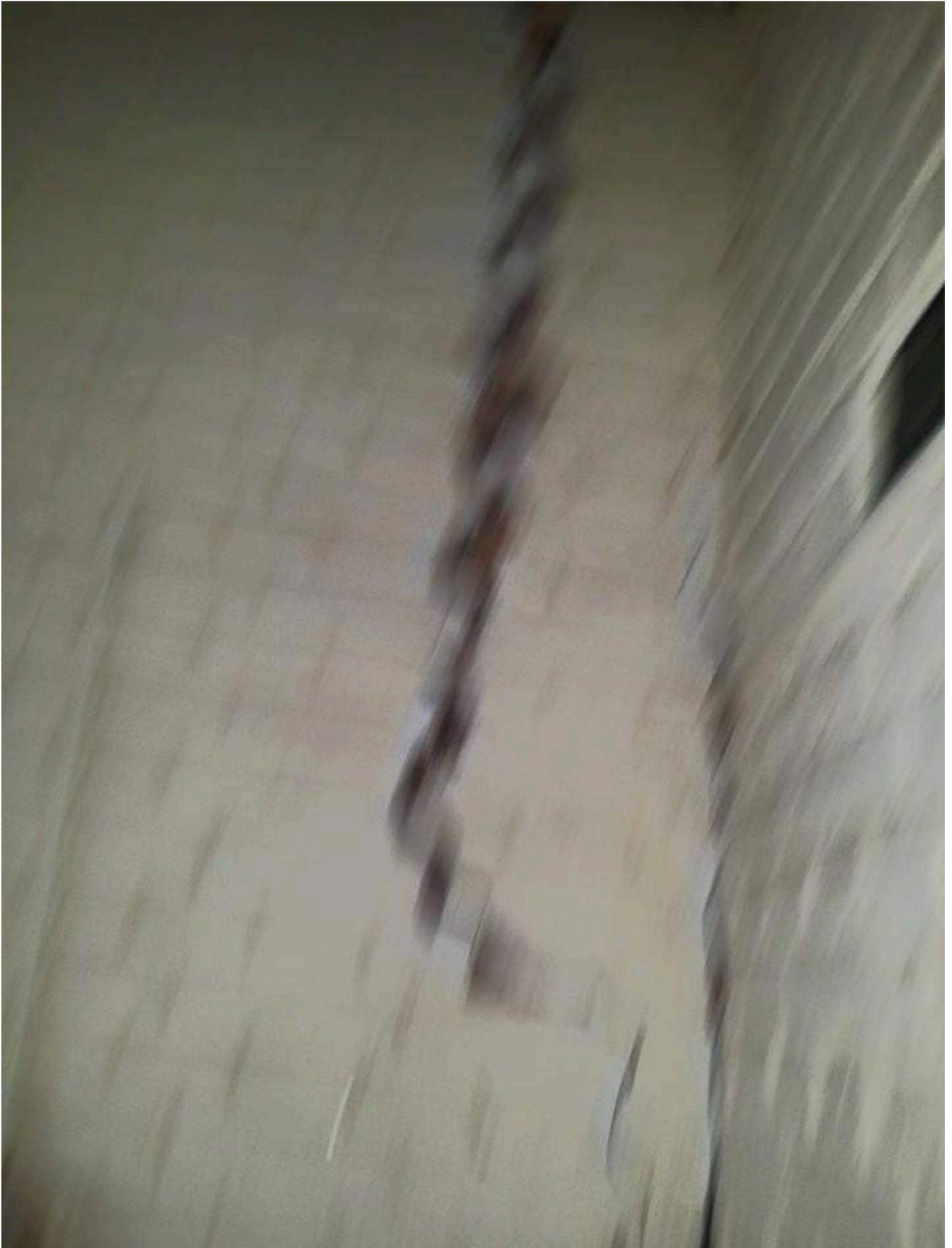
26 april 2015 · 🌐

De eerste foto's uit de DRC, het tehuis voor kinderen met een handicap. Iedereen is veilig maar bang en daarom leven ze geheel op straat. Het gebouw is flink beschadigd, inclusief de oefenruimte die 4SmilingFaces vorig jaar heeft gebouwd. Dat gaan we dus gewoon herstellen. Met ieder hulp.

Maar eerst is er behoefte aan de eerste levensbehoeften als eten, drinken, matrassen, mogelijk tenten en dat soort zaken. HELP!!!!









4SF: Welcome

Because of the earthquake the Facebook page of 4SmilingFaces is getting more likes form all over the world. They reason this is happening is of course not okay, but if helps spread the word and raise more money for the children, that is a good thing.



Helping Hands 4 Smiling Faces

27 april 2015 · 🌐

Welcome to all the new followers! The reason why you started following (massive earthquake) isn't nice, but that doesn't matter. What matters is that we all extend our helping hand to Nepal and all our friends, big and small. Let's go and let them know they are not alone!!!



Helping Hands 4 Smiling Faces heeft 4 nieuwe foto's toegevoegd.

27 april 2015 · 🌐

This is what the 55 DRC children (with a handicap) in an improvised tent look like in the aftermath of all those earthquakes...at least they are safe...their building isn't though frown-emoticon. Please help and donate. A massive amount of money is needed



[Another special newsletter because of the earthquakes](#)



Helping Hands 4 Smiling Faces

27 april 2015 · 🌐

This is so true

Lessons from Haiti, the tsunami and beyond: To help Nepal quake victims, send money, not stuff

After every major disaster, well-meaning but misguided donors actually worsen the suffering.

GLOBALPOST.COM

<https://www.blackbaud.com/bb/lessonslearned.aspx>



Helping Hands 4 Smiling Faces

27 april 2015 · 🌐

So true!



Don't rush to Nepal to help. Read this first | Claire Bennett

You may want to help victims of the earthquake, but they don't need unskilled volunteers or aid they can't use. Here's what you can do that won't get in the way

THEGUARDIAN.COM

<https://www.theguardian.com/commentisfree/2015/apr/27/earthquake-nepal-dont-rush-help-volunteers-aid>



Helping Hands 4 Smiling Faces

28 april 2015 · 🌐

The news from Nepal is getting grimmer by the minute. Looks like a distinct possibility that the DRC building is not salvageable. 😞 So they probably have to move out asap to temporary (at least for one year) accommodation. That is if all goes well and the building can be made safe...Fingers crossed and keep on raising funds!



Helping Hands 4 Smiling Faces heeft 12 nieuwe foto's toegevoegd.

28 april 2015 · 🌐

OMG, the DRC is only barely standing. Children and staff are safe but the need our help. Please donate and give what you can!!!













Helping Hands 4 Smiling Faces

Gepubliceerd door Hootsuite [?] · 29 april 2015 · 🌐

World Wish day...where shall we start...

- Peace and safety especially in Nepal!
- Good health
- Respect
- Freedom

and more of those beautiful things.

For everyone please...and in the bucket loads for Nepal!



Helping Hands 4 Smiling Faces

29 april 2015 · 🌐

GOOD NEWS: DRC CHILDREN ARE NOW SAVE IN ALTERNATIVE ACCOMMODATION. No further details yet, but great news anyway. Tomorrow an engineer will come to assess the damage done by the earthquake to the DRC building, fingers crossed they can save it!



Helping Hands 4 Smiling Faces

30 april 2015 · 🌐

UPDATE: The kids and staf of the DRC are now inside a nearby building deemed safe. They can use the DRC kitchen and toilets if there is water...supply has been dodgy... Pictures will follow....

The DRC kitchen and toilets are in separate single story buildings that seem unharmed by the quakes. 😊 Today the structural engineer will come check the main/big building and see if it is salvageable. Fingers crossed. We will take it from there.

The engineer will also check out the state of the orphanage building...fingers crossed for that one as well.

Beetje miscommunicatie: De DRC kinderen zitten nog steeds buiten. :(



Helping Hands 4 Smiling Faces

30 april 2015 · 🌐

So, misunderstood alternative shelter for the DRC kids. Really sorry for this. It is still tarps. 😞 THE DRC is still working on it. 😊 It's going to be an ongoing process. Nepal is in absolute chaos right now. No idea when the engineer will get there to assess the buildings. Keep the children in your thoughts/prayers/actions. 😞 Together we will help them through this. 😊

4SF: Donations

So today in Holland was the national fundraising day 'Holland Helps Nepal'. I suggested to the Dutch public they could also donate to us to help the two homes we support....



Helping Hands 4 Smiling Faces

1 mei 2015 · 🌐

Je kan natuurlijk ook rechtstreeks kinderen in twee kindertehuizen aan de rand van Kathmandu helpen...



Helping Hands 4 Smiling Faces heeft 3 nieuwe foto's toegevoegd.

2 mei 2015 · 🌐

DRC:

The building is salvageable! The cracks are in the thickest walls. They need to be repaired and that will happen soon...Since the cracks are in the thickest walls the building is deemed safe to move back in to. So they did, all be it on the ground floor only.

Since Helping Hands 4SmilingFaces build the excersise room in 2014, and that room suffered earthquake damage, we will repair that to its former glory. Probably soon. Keep you posted.

NWCSS Orphanage Jorpati:

The orphanage kids are know in the Lion's residential schoolbuilding next to the orphanage for the duration of the holiday. The board is working out what happens after that. We'll see....Things are complicated out there.





Helping Hands 4 Smiling Faces

3 mei 2015 · 🌐

DRC Kids back in the building, well on the veranda at least. Feels just that little bit safer outside after the traumatic week they had...



<https://vimeo.com/127304452>



Helping Hands 4 Smiling Faces

8 mei 2015 · 🌐

Can I have one minute of your time?





Helping Hands 4 Smiling Faces

12 mei 2015 · 🌐

OMG another heavy earthquake in Nepal. Haven't they got enough troubles....Please be safe everyone. We are thinking of and praying for you. Please let us know as soon as you can that you are okay.



Helping Hands 4 Smiling Faces

12 mei 2015 · 🌐

Our trusted local volunteers are safe after another big (7,4) earthquake in Nepal this morning...



Helping Hands 4 Smiling Faces

12 mei 2015 · 🌐

The nwcSS/Didi&Dai/CHC orphanage in Jorpati 'is okay' after this morning big (7,4) earthquake in Nepal....



Helping Hands 4 Smiling Faces

12 mei 2015 · 🌐

Apparently DRC is 'all okay'....no details yet....don't know what it means exactly...getting news is difficult....more will follow...fingers crossed...



Helping Hands 4 Smiling Faces

12 mei 2015 · 🌐

DRC kids are safe!
NWCSS/Didi&Dai/CHC orphanage kids are safe!
Our local volunteers are safe!
No news about additional damage to the buildings though, but there probably will be...but that is of less importances....we will see...
And lots more damage, devastation, death and destruction to rest of already shaken KTM, the Valley and the wider regions of Nepal...So sorry to hear that...



Helping Hands 4 Smiling Faces

12 mei 2015 · 🌐

DRC kids are really scared about sleeping inside the big building after the latest earthquake earlier today. Now they are sleeping in the kitchen, a single story not connected to the main building. Just feels that little bit safer. Be safe and sleep well





Helping Hands 4 Smiling Faces

16 mei 2015 · 🌐

Made an more user friendly url for online donations. It is:

<http://www.4smilingfaces.com/donating.html>

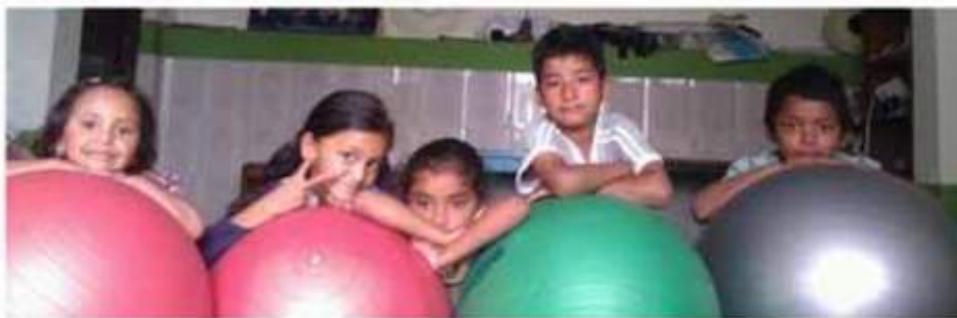
The other one is still working though, so don't worry about it. This one is just easier to use on tv...



Helping Hands 4 Smiling Faces

16 mei 2015 · 🌐

The excersise room @ the DRC is repaired with the money we raised. Because of the earthquakes the roof had been damaged severely. But no more. Its all done 😊 And the kids are back in there again. Just in time to play inside before the monsoon that starts soon. This is what we build it for last year. Makes us so happy to see it back in its full glory.



4SF: Interessante artikelen

Woensdag 20 mei 2015

Een verzameling interessante artikelen over Nepal en de gevolgen de aardbevingen. Ze zijn in het Engels, maar dusdanig interessant dat ze hier niet misstaan.



[About lessons learned from other natural disasters](#)

[About a new generation of Nepali stepping up to the plate](#)

[About the pshychological scares from earthquakes](#)

[Nepal is still worth a visit](#)

[3 secrets of earthquakes](#)

[About the emotional damage after the earthquakes](#)



Helping Hands 4 Smiling Faces heeft de video van UNICEF gedeeld.

25 mei 2015 · 🌐

One month on...please donate@

<http://www.4smilingfaces.com/donating.html>

Een maand later...doneer alsjeblieft @

<http://www.4smilingfaces.com/doneren.html>



97.533 weergaven

UNICEF

25 mei 2015 · 🌐

👍 Pagina leuk vinden

One month on from the first of two powerful earthquakes, children and families in Nepal continue to struggle. Watch this animation to understand the devastating ripple effect.

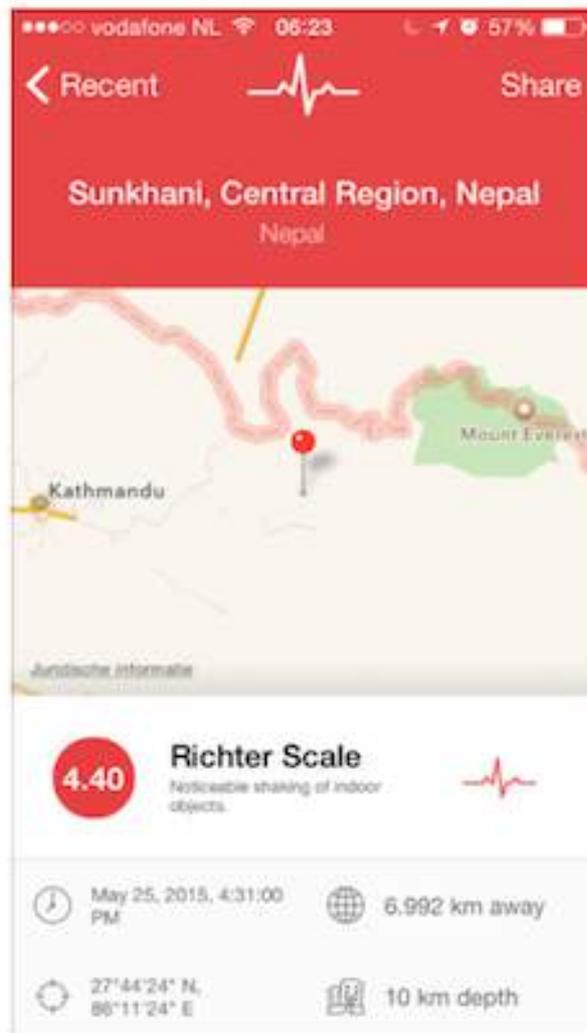


Helping Hands 4 Smiling Faces

26 mei 2015 · 🌐

Earth keeps quaking in Nepal... 😞

Aarde blijft beven in Nepal... 😞



Back to school in Nepal



Helping Hands 4 Smiling Faces

31 mei 2015 · 🌐

Voor zover mogelijk keert de normaliteit terug in Nepal. De scholen die nog overeind staan na alle aardbevingen van de afgelopen weken zijn vandaag weer open. Helaas zijn er vele lege stoelen...

As far as possible normality returns to Nepal. Schools that are still standing after all the recent earthquake have reopened today. Sadly enough wit lots of empty chairs...



Kinderen in Nepal gaan weer naar school na zware aardbeving

Kinderen in Nepal zijn zondag voor het eerst weer naar school gegaan, ruim een maand nadat grote delen van het land werden verwoest door een zware...

NU.NL

<http://www.nu.nl/buitenland/4059087/kinderen-in-nepal-gaan-weer-school-zware-aardbeving.html>



Helping Hands 4 Smiling Faces

2 juni 2015 · 🌐

To all our native English speaking friends,
I am going to Nepal soon and want to take a few short story books to read to the kids or have them read to me 😊. Anybody any tips? And if our other language speaking friends have tips for english story books, feel free to tip me as well...

En tips uit Nederland over Engelstalige verhalenboeken zijn uiteraard ook van harte welkom!



Helping Hands 4 Smiling Faces

5 juni 2015 · 🌐

It's always amazing to learn how low people can go. This is beyond bad. This has got to stop!!

Het is altijd verbijsterend om te zien hoe laag mensen kunnen zakken. This zo slecht en moet stoppen!!!

SHOCKING: Earthquake victims in Nepal are being sold for sex

SHOCKING: Earthquake victims in Nepal are being sold for sex

CULTNUTS.COM | DOOR BADRI ACHARYA

<http://www.realnewsofindia.com/news/shocking-earthquake-victims-in-nepal-are-being-sold-for-sex/>



Helping Hands 4 Smiling Faces

11 juni 2015 · 🌐

Yeeh, doesn't Nepal have enough troubles with and because of natural disasters over the recent month...

(Dutch news report on death because of landslides in Nepal)

NOS Teletekst 136

Kort nieuws buitenland

■ In Nepal zijn zeker 15 doden gevallen door een aardverschuiving als gevolg van hevige regenval. Zes dorpen in het bergachtige noordoosten zijn getroffen. Zeker 12 mensen worden vermist in het gebied, dat moeilijk te bereiken is. In Nepal, dat zich herstelt van twee zware aardbevingen, zijn geregeld aardverschuivingen in het regenseizoen.



Helping Hands 4 Smiling Faces

14 juni 2015 · 🌐

This article tells us that the Nepali government is asking for billions for the rebuilding effort. So the fundraising continues....and we will never give any of it to the government but will spend it through our local volunteers on children who really need it. That is the 4SmilingFaces way....



Nepal vraagt om miljarden voor wederopbouw na aardbeving

De Nepalese regering heeft 6,6 miljard dollar (circa 5,8 miljard euro) nodig om het land weer op te bouwen na de verwoestende aardbevingen in april en mei.

NU.NL

<http://www.nu.nl/buitenland/4067946/nepal-vraagt-miljarden-wederopbouw-aardbeving.html?redirect=1>



Helping Hands 4 Smiling Faces

19 juni 2015 · 🌐



So far the combined fundraising effort of ten major Dutch NGO's for Nepal's earthquake relief received € 24.465.464,04. Great! But actually, its lots more because all those small organizations (like 4SmilingFaces) are doing there bit as well. We are keeping it small but so real!



Helping Hands 4 Smiling Faces

20 juni 2015 · 🌐

It is sad but so necessary!

Het is droevig, maar zo nodig!



UNICEF – 19 June 2015 - Nepal Earthquakes: UNICEF speeds up response to prevent child trafficking

GENEVA/KATHMANDU, 19 June 2015 - At least 245 children have been intercepted from being...

UNICEF.ORG.NP

<http://unicef.org.np/media-centre/press-releases/2015/06/19/nepal-earthquakes-unicef-speeds-up-response-to-prevent-child-trafficking>



Helping Hands 4 Smiling Faces

4 augustus 2015 · 🌐

The little people of the DRC getting ready to dance at the yearly teachers day performance at there school *** De kleine mensen van de DRC zijn klaar voor hun optreden tijdens de jaarlijkse onderwijzersdag op hun school



4SF: Stand van zaken

[About building- and repair work in Nepal after the earthquakes](#)

DRC

Since the earthquakes 4SmilingFaces has done the following in the DRC:

[Emergency assistance](#) for food, water, medical and hygienic materials, shelter and things like that

Repair of the heavily damaged roof of the [excercise/study room](#), that 4SmilingFaces realised in 2014

5000 cinder blocks for the construction of the new, fully customised [school building](#), which the DRC started to build in July 2015 in nearby Nayapati

[Girl stuff](#): underwear, bra's and other things for all the girls.

[Tiffin](#) (lunch) for 18 children, of whom that is not included in the tuition fees

Still to do:

Repairs to the [solar system](#) that 4SmilingFaces installed in 2008

Placement of [railings](#) along the walls of the exercise/study room so the kids who are less steady on their feet are more secure in using it and can also do excercise while standing up

A [new pump](#) for the groundwater well, that 4SmilingFaces installed in 2010. The old one was damaged beyond repair by the earthquakes. The new one will be one of better quality and is more easily maintained and/or repaired if needed. This work will be carried out after the wet season (June to September)

CHC orphanage

Since the earthquakes 4SmilingFaces has done the following in the CHC orphanage:

[Emergency assistance](#) for food, water, medical and hygienic materials, shelter and things like that

All possible [school supplies and household items](#)

[House dress](#) school uniforms for several children

[School shoes](#) for several children

[Tiffin](#) (lunch) for all school-aged children, because that service is not included in the tuition fees.

Still to do:

Installation for [filtering drinking](#) water, so it will be less polluted

The building is currently getting a much needed, complete renovation. This was necessary before the earthquakes, but specially since they started. In future 4SmilingFaces will contribute were necessary to the renewal process with specific projects

Hope Foundation

A new home that 4SmilingFaces supports from 2015:

3 acoustic [guitars](#) with which the children can learn to make music

Still to do:

Installation of a water filter system geared specifically to remove iron from the water. This makes the water better usable and the clothes that you wash in it really clean

Long term: education

We are looking for ways to support children who have to leave the homes after passing their final exams and have to support themselves. They have no family or other people which they can fall back on and are all alone. Or they do have family, but they are very poor and have no way to support them.

In most cases they have no chance to continue studying without outside help, while the could do so seeing their school results so far and their aspirations to make a better life for themselves and those they love. They need outside financial support. At present, we seek sponsorship for the further education of two wonderful and well deserving young men.



Helping Hands 4 Smiling Faces

9 augustus 2015 · 🌐

This is Harkaman, 11 years old and the newest boy in the DRC. One year ago he lost both his arms in an horrible electrocution accident. Ever since then he has shown remarkable resilience and a sunny outlook on life. He has already learned to write and draw with both his feet...What an absolute special kid ❤️ *** Dit is Harkaman, 11 jaar oud en het nieuwste jongetje in de DRC. Een jaar geleden heeft hij zijn beiden armen verloren in een verschrikkelijk elektrocutie ongeluk. Sindsdien heeft hij blijk gegeven van opmerkelijke veerkracht en een zonnige kijk op het leven. Inmiddels kan hij schrijven en tekenen met zijn beide voeten...Wat een ongelooflijk bijzonder kind ❤️





Helping Hands 4 Smiling Faces

19 augustus 2015 · 🌐

Okay, I know it is monsoon time in Nepal, but this is ridiculous. So much rain in the last few days that the Bagmati River has risen dramatically and the little bridge on the way from Jorpati to the DRC is almost completely flooded. Nature, please be a little bit nicer to Nepal! ***

Okay, ik weet dat het moesson tijd is in Nepal, maar dit is belachelijk. De laatste dagen is er zo veel regen gevallen dat de Bagmati Rivier dramatisch is gestegen en de kleine brug en route van Jorpati naar de DRC complet onder water staat. Natuur, wees alsjeblieft een beetje aardiger tegen Nepal!





Helping Hands 4 Smiling Faces

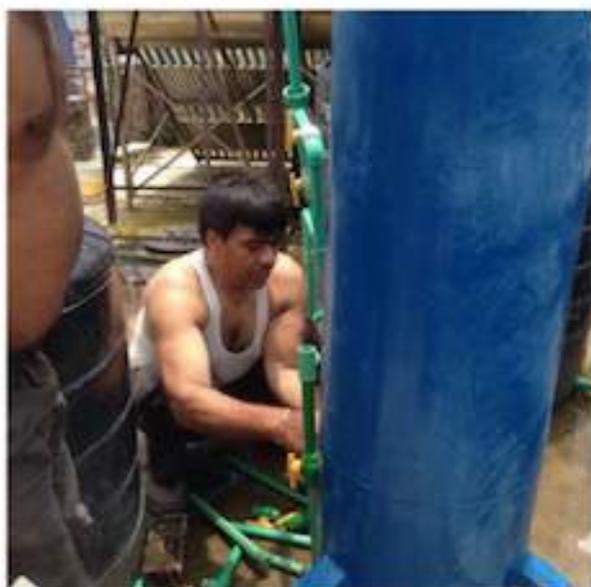
19 augustus 2015 · 🌐

New waterfiltersystem for the CHC orphanage.

<http://www.4smilingfaces.com/en-pr.../.../2015drinkingwater.html> ***

Nieuw waterfiltersysteem voor het CHC weeshuis.

<http://www.4smilingfaces.com/nl-proje.../.../2015drinkwater.html>





Helping Hands 4 Smiling Faces heeft 6 nieuwe foto's toegevoegd.

22 augustus 2015 · 🌐

The building work on the fully adapted DRC schoolbuilding in Nayapati near KTM is progressing nicely. The 5000 cinderblock donated by 4SmilingFaces are put to good use. We like! *** De bouw van het nieuwe, volledig aangepaste DRC schoolgebouw in Nayapati bij KTM is in volle gang. De 5000 b2 blocked die 4SmilingFaces heeft gedoneerd komen goed van pas. We like!











Helping Hands 4 Smiling Faces

24 augustus 2015 · 🌐

Monsoon in Amsterdam. KTM eat your heart out *** Moesson in Amsterdam. KTM is er niets bij





Helping Hands 4 Smiling Faces

3 september 2015 · 🌐

No words really. We should be ashamed. Just HELP



Tragische foto gaat de wereld over: 'Dit is het falen van de wereld' | Buitenland | de Volkskrant

Dit jongetje is slechts een van de duizenden migranten die dit jaar omkwam tijdens hun tocht naar Europa, maar de hartverscheurende foto van zijn leve



Helping Hands 4 Smiling Faces heeft een foto van Unicef Nederland gedeeld.

4 september 2015 · 🌐

It says: A child is a child and only after that a refugee...

I say: They are the victims of the mess made by adults...





Helping Hands 4 Smiling Faces

5 september 2015 · 🌐

Only 2 years old and having such an impact on so many people. That is quite an accomplishment, all be it for the oh so sad reason. Rest in peace Aylan, hope you are in a better place now. I salute you!



4SF: Nice words

Nice wordt from Iman Lama, founder of and driving force behind the Hope Foundation, the newest Nepali children's home supported by 4SmilingFaces. That is truly appreciated!



Iman Lama heeft een pagina gedeeld.

3 min. ·

Its just not about an organization who is doing an awesome work for children in nepal but people who are involved with an unconditional love and care has given us a support and vision of hope for better future of our country nepal.

Helping Hands 4 Smiling Faces
Goed doel · 266 vind-ik-leuks

Vind ik leuk

Vind ik leuk

Reactie

Delen

[Read more on this project](#)



Helping Hands 4 Smiling Faces

12 september 2015 · 🌐

During my stay in Nepal 4SmilingFaces donated 3 guitars to the Hope Foundation. <http://www.4smilingfaces.com/en-blog/2015/167.html>. The Hope-kids are loving them and are practicing their guitar playing skills under supervision of Iman Lama, one of the driving forces behind the Hope Foundation. So nice to see 😊 *** Tijdens mijn verblijf in Nepal heeft 4SmilingFaces 3 gitaren gedoneerd aan de Hope Foundation. <http://www.4smilingfaces.com/nl-blog/2015/167.html>. De Hope-kinderen zijn er zo blij mee en oefenen veel onder de bezielende leiding van Iman Lama, een van de drijvende krachten achter de Hope Foundation. Zo gaaf om te zien 😊



4SF: Children's day



Helping Hands 4 Smiling Faces

15 september 2015 · 🌐

Happy children's day to the children of Nepal, specially the ones I know and love. Miss you ❤️



Helping Hands 4 Smiling Faces heeft het bericht van Hope Foundation Nepal gedeeld.

17 september 2015 · 🌐

Looking good kids! *** Ziet er goed uit!



Hope Foundation Nepal heeft 13 nieuwe foto's toegevoegd.

16 september 2015 · 🌐

Art and craft.



Helping Hands 4 Smiling Faces

3 oktober 2015 · 🌐

It's that time of year again: the main Hindu festival Dashain start soon. Traditionally at Dashain children in Nepal get new clothes. For the CHC orphanage this has always been a difficult tradition to maintain, but specially this year, but specially this year after the unimaginable damage done by the earthquakes. So, 4SmilingFaces is buying the kids new clothes. HAPPY DASHAIN TO ALL *** Het is weer die tijd van het jaar: het belangrijkste Hindoe festival Dashain gaat beginnen. Traditiegetrouwen krijgen kinderen in Nepal met Dashain nieuwe kleren. Voor het CHC weeshuis is dat altijd al een moeilijke traditie om in stand te houden, maar dit jaar helemaal na de onvoorstelbare schade door de aardbevingen. Dus, 4SmilingFaces koopt nieuwe kleren voor alle kinderen. MOOI DASHAIN VOOR IEDEREEN



Helping Hands 4 Smiling Faces via UNICEF Nepal

7 oktober 2015 · 🌐



Just sign it and do something against this beyond horrible practice



UNICEF – Trafficking of children and women in Nepal: Q&A

The Road to Recovery: Cash transfers as an emergency response and a catalyst to enhance the social protection system in Nepal

UNICEF.ORG.NP

[Read more on this project](#)



Helping Hands 4 Smiling Faces

14 oktober 2015 · 🌐

Because of the Dashain Festival all the DRC kids are wearing new clothes and are looking so good. Happy Dashain kids. Enjoy! ***

Vanwege het Dashain Festival dragen alle DRC nieuwe kleren en zien ze er prachtig uit. Fijn Dashain kinderen. Geniet ervan!



[Lees meer over dit project](#)



Helping Hands 4 Smiling Faces

15 oktober 2015 · 🌐

The CHC Orphanage Kids get new clothes from 4SmilingFaces in honor of the tradition at the occasion of the Dashain Festival. Enjoy Dashain dear kids! *** De kinderen van het CHC weeshuis krijgen nieuwe kleren van 4SmilingFaces ter gelegenheid van de traditie bij het Dashain Festival. Geniet van Dashain lieve kinderen!



4SF: Nieuwe foto's

Friday, October 15, 2015

This week we published a lot of new pictures online about our work in Nepal. See the newest photo albums.

[DRC: Tiffin](#)

[CHC: Kleren // Clothes](#)

[DRC: Schoolgebouw // School building](#)

[Hope: Waterfilter // Water filter](#)

[Read more on this project](#)



Helping Hands 4 Smiling Faces

17 oktober 2015 · 🌐

We did it! The new waterfiltermachine in the Hope Foundation is installed, so the live of all the Hope family is now a little bit easier and specially more safe and clean. *** Gedaan! De nieuwe waterfiltermachine in de Hope Foundation is geïnstalleerd, zodat het leven van de Hope familie is daardoor een beetje makkelijker geworden en vooral veiliger en schoner.





Helping Hands 4 Smiling Faces

19 oktober 2015 · 🌐

The new build/extension of the DRC is getting along. *** De nieuwbouw/uitbreiding van de DRC is in ontwikkeling.





Helping Hands 4 Smiling Faces

21 oktober 2015 · 🌐

For long schooldays you need a good lunch. So 4SmilingFaces is paying for the tiffins for the CHC orphanage kids this school year *** Voor die lange schooldagen heb je een goede lunch nodig. Daarom betaald 4SmilingFaces dit schooljaar de lunches voor de kinderen van het CHC weeshuis.





Helping Hands 4 Smiling Faces heeft 13 nieuwe foto's toegevoegd.

24 oktober 2015 · 🌐

It's Dashain, Nepal's most Hindu festival. Traditionally children get new clothes for the festival. This year 4SmilingFaces gave all the kids of the CHC Orphanage new clothes. 😊 After that it was time for a tika at the orphanage. The Aryal family are 4SmilingFaces' trusted volunteers than invited all the kids over for a tika, food and dancing. Everyone had a blast. Happy Dashing dear kids and Aryal family. Love and miss you! *** Het is Dashain, Nepal's meest belangrijke Hindoe festival.

Traditiegetrouw krijgen kinderen bij die gelegenheid nieuwe kleren. Dit jaar heeft 4SmilingFaces gezorgd voor nieuwe kleren voor de kinderen van het CHC weeshuis. 😊 Daarna was het tijd voor een tika in het weeshuis. De familie Aryal zijn de zeer gewaardeerde vrijwilligers van 4SmilingFaces en zij nodigden de kinderen vervolgens uit voor een tika, een maaltijd en dansen. Iedereen was blij. Vrolijk Dashain lieve kinderen en familie Aryal. Hou van en mis jullie.





















Helping Hands 4 Smiling Faces

4 november 2015 · 🌐

The little ones of the DRC say namaste to you all. Have a good day to you cuties! *** De ukkies van de DRC zeggen namaste tegen allen. Heb een goede dag liefies!





Helping Hands 4 Smiling Faces heeft 2 nieuwe foto's toegevoegd.

6 november 2015 · 🌐

During the summer visit to Nepal 4SmilingFaces was able to give the children of the CHC orphanage house dress/informal school uniforms. Here they are showing them off *** Tijdens het verblijf deze zomer in Nepal heeft 4SmilingFaces om de kinderen van het CHC weeshuis informele school uniformen te geven. Hier laten ze die even zien.





Helping Hands 4 Smiling Faces heeft 3 nieuwe foto's toegevoegd.

8 november 2015 · 🌐

De door 4SmilingFaces gebouwde DRC oefenruimte hebben we nu ook voorzien van railings langs de muren, zodat kinderen die moeite hebben met staan en lopen beter kunnen oefenen. *** The DRC excersiseroom build by 4SmilingFaces now also has railings along the walls. That makes the space easier to use by children who have difficulty standing and walking.





Helping Hands 4 Smiling Faces heeft 2 nieuwe foto's toegevoegd.

10 november 2015 · 🌐

De grondwaterput/pompinstallatie en het zonde energie systeem van de DRC waren beschadigd door de aardbevingen. Daar 4SmilingFaces ze ooit heeft aangelegd, wilden we ze ook graag weer herstellen. Dat is nu gebeurd. *** The groundwaterwell/pumpinstallation and solarsystem of the DRC were damaged by the earthquakes. Because both were build by 4SmilingFaces, we wanted to repair them as well. That has now been done.





Helping Hands 4 Smiling Faces

12 november 2015 · 🌐

It looks a bit different coming to the DRC building...Shops are build on the rubbled grass that was there before...here is hoping that there wil not be liquor stores in there... *** Het ziet er een beetje anders uit als je nu bij de DRC komt...Er zijn winkeltjes gebouwd op het gras waar voorheen alleen puin lag...en nu maar hopen dat er geen drank wordt verkocht...





Helping Hands 4 Smiling Faces

14 november 2015 · 🌐

The DRC kids say hello and namaste to all... *** De DRC kinderen zeggen hallo en namaste tegen allen...





Helping Hands 4 Smiling Faces

20 november 2015 · 🌐



Vandaag is het de internationale dag van de rechten van het kind. In dit filmpje wordt goed uitgelegd wat die rechten zijn en wat de Kinderombudsman doet. Er is nooit genoeg aandacht voor de rechten van kinderen; laat we kinderen vooraan zetten. *** Today is the international day for children's right. This video explains in Dutch what the are. There is never enough focus on children's rights: lets put children first.



De Kinderombudsman

Wat zijn kinderrechten en wat doet de Kinderombudsman? Dat zie je in deze animatie!

YOUTUBE.COM

https://www.youtube.com/watch?v=CBSTQRkV_gs&feature=youtu.be



Helping Hands 4 Smiling Faces heeft een foto van Tashi Oser gedeeld.

1 december 2015 · 🌐

Pray for Nepal. No gas, no electric, no water, no petrol because of the border blockade by India. All this while still coping with the aftermath of the earthquakes and still continuing aftershocks. This way a faraway friend is so much better than a neighbor like India. *** Bid voor Nepal. Geen gas, geen stroom, geen water, geen benzine door de grensblokkade door India. En dat allemaal terwijl ze nog steeds hebben te maken met de nasleep van de aardbevingen en regelmatige naschokken. Op deze manier is een friend er weg zoveel beter dan een buurman zoals India.



Tashi Oser

30 november 2015 · 🌐

Pray for Nepal. No gas, no electric, no water, no petrol.



Helping Hands 4 Smiling Faces heeft een link gedeeld.

11 december 2015 · 🌐



When the blockade ends | As It Happens | Nepali Times

This is neither the first nor could it be the last, we must start seeking alternatives

NEPALITIMES.COM

<http://nepalitimes.com/regular-columns/As-It-Happens/when-the-blockade-ends,618>



Helping Hands 4 Smiling Faces heeft een link gedeeld.

12 december 2015 · 🌐



Nepal blockade: Six ways it affects the country - BBC News

A two-month blockade in Nepal has led to schools closing, hospitals running low...

BBC.COM | DOOR BBC NEWS

<http://www.bbc.com/news/world-asia-35041366>



Helping Hands 4 Smiling Faces

13 december 2015 · 🌐

Wereldlichtjesdag vandaag. Symbool van hoop. Ik wens betere tijden voor mensen in Nepal. Moge er snel een einde komen aan de grensblokkades door grote buur India. Met zo'n buur heb je geen vijanden nodig... GO NEPAL! *** Worldlightsday today. Symbol of hope. I wish better time for the people of Nepal. Met the border blockade by big neighbor India end soo. With a neighbor like that, you don't need any enemies... GO NEPAL!





Helping Hands 4 Smiling Faces

15 december 2015 · 🌐

To anyone who has anything to do with India's blockade of the Nepali borders: MAKE IT STOP!!!! Nepal has enough to cope with the aftermath of the Earthquakes and the hundreds of ongoing aftershocks. India, stop punishing the people of Nepal because their politicians didn't do what you wanted them to do. Show compassion to your neighbor!!! Be the great country you so want to be seen as. *** Aan iedereen die ook maar iets heeft te maken met India's blokkade van haar Nepalese grenzen: STOP 'T!!!. Nepal heeft genoeg ellende met de nasleep van de aardbevingen en de nog immer voortdurende naschokken. India, stop met het straffen van de Nepalese bevolking omdat hun politici niet doen wat jullie willen. Heb compassie voor je burenen!!!. Wees het grote land waarvoor je zo graag wordt aangezien.



Nepal's fuel crisis will push almost a million people into poverty - The Himalayan Times

With a large cone-shaped bamboo basket strapped to her back, Nirmala Bhandari treks two hours every day from her village to a protected forest in the hills,...

THEHIMALAYANTIMES.COM

<https://thehimalayantimes.com/business/nepals-fuel-crisis-will-push-almost-a-million-people-into-poverty/>

4SF: Childbrides

Let's not close our eyes. In Nepal this still happens everyday...

<https://www.youtube.com/watch?v=jcFWYHp2jAE>



Helping Hands 4 Smiling Faces

20 december 2015 · 🌐

De Verenigde Naties hebben 20 december uitgeroepen tot de Internationale Dag voor Menselijke Solidariteit. Hard nodig. Laten we de wereld een beetje mooier maken. Zoveel zijn we kinderen schuldig. ***
The United Nations declared december 20th to be the International Day of Human Solidarity. Very necessaire. Let's make the world a little more beautiful. We owe that to the children.



Helping Hands 4 Smiling Faces

24 december 2015 · 🌐

Een mooie en blije Kerst voor iedereen. Sta in het licht en geniet ervan. Dank voor alle steun na de aardbevingen. Zonder hadden we de kinderen in Nepal nooit zo kunnen helpen als we nu hebben gedaan. Echt helemaal geweldig. Wees daar trots op! Wij zijn het zeker. *** A beautiful and happy Christmas for everyone. Stand in the light and enjoy it. Thanks for all the support after the earthquakes. Without that we could never have done everything for the children in Nepal that we were able to do. Really, really great. Be proud of that! We definitely are.





Helping Hands 4 Smiling Faces

31 december 2015 · 🌐

De allerbeste wensen voor een blij, gezond en sprankelend 2016. Wees de reden dat iemand lacht dit jaar. Wij gaan er voor...met jullie hulp. En hier past ook een groot dankjewel voor alle hulp en steun na de aardbevingen in Nepal. Het heeft echt geholpen en helpt nog steeds. DANK! ***

All the very best wishes for a very happy, healthy and sparkley 2016. Be the reason someone smiles this year! That is what we are going for...with your help.

And it's fitting to say a big thank you for all the help and support after the earthquakes in Nepal. That really helps and continues to do so. THANKS!

